

BREAKFAST MENU

OUR CONTINENTAL BUFFET SELECTION £
Including a selection of fresh juices, coffee or tea, toast, butter and preserves 11.00

OUR FULL BREAKFAST SELECTION
Our continental buffet selection, including one 'Cooked Classic' dish, or our
Express Buffet option 15.50

CONTINENTAL

Selection of cereals, Cornflakes, Alpen muesli, Bran Flakes, Weetabix, Rice Krispies
Croissants, Pain au Chocolat, Danish pastry
Natural & fruit flavoured yoghurts
Selection of fresh sliced & whole fruits
Selection of cured meats & continental cheeses
Toast, sliced farmhouse white, brown, granary, or mixed, butter & preserves

COOKED CLASSICS

Morning roll, crispy bacon or Apex signature sausage*, with/without free-range fried egg 4.50
Scottish porridge, with water or milk, berry compote & honey on the side 4.50
American pancakes served with berry compote & maple syrup 5.00
American pancakes served with crispy bacon & maple syrup 6.00
Eggs Benedict, toasted muffin, poached eggs, ham, Hollandaise sauce 7.50
Eggs Florentine, toasted muffin, poached eggs, spinach, Hollandaise sauce 7.50
Eggs Royale, toasted muffin, poached eggs, smoked salmon, Hollandaise sauce 8.50
Scottish smoked salmon, toasted sourdough & scrambled eggs 8.50
Three egg omelette, with choice of ham, mushroom, tomato & cheese 7.50
'The Harbourmasters Breakfast', grilled Loch Fyne smoked kipper, melted butter 9.50
'The Great British Breakfast', smoked & unsmoked bacon, Apex signature sausage*,
black pudding, grilled tomato, flat mushroom, baked beans & two free-range eggs - fried,
poached or scrambled 11.50
'The Vegetarian', two free-range eggs - fried, poached or scrambled, spinach, grilled
tomato, flat mushroom & baked beans 8.50
'The Detox Breakfast', two poached free-range eggs, fresh spinach, smoked salmon,
cherry tomatoes, gluten-free multi grain toast 9.50

EXTRAS

2.00 EACH

Two free-range eggs	Spinach
Apex signature sausage*	Grilled tomato or flat mushroom
Smoked streaky bacon	Baked beans
Unsmoked back bacon	Haggis

HOT BEVERAGES, JUICES & COCKTAILS

Breakfast tea 2.60	Filter coffee 2.60
Earl Grey / Camomile / Mint tea 2.60	Cappuccino / Latte / Espresso 3.00
Decaffeinated coffee 2.60	Hot chocolate 3.00
Buck's Fizz 6.50	Fresh orange, apple, grapefruit juice 3.00
Bloody Mary 5.50	

All prices are inclusive of VAT. All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full information is available, please ask a team member for details.

* Apex signature sausage - We have collaborated exclusively with our Scottish butcher Campbells Prime Meat. Made just for you with lightly seasoned Scottish pork shoulder and natural casing it's the perfect start to the day.