



PRESS RELEASE

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Dundee Home to Scottish Spa the Year!

Yu Spa at Apex City Quay Hotel & Spa in Dundee are crowned Scottish Spa of the Year at the Professional Beauty Regional Awards.

Angela McGarva, Yu Spa Manager, collected the award at a black tie ceremony at The Monastery in Manchester on Sunday 18 September. They beat finalists The Spa at Cameron House and Spa Uniq in Perthshire to claim the coveted title.

Prior to the awards ceremony, the spa completed an intense judging process which included answering questions on philosophy, facilities, therapist qualifications and customer service.

This gave Angela a chance to talk about the close bond that she likes her therapists to form with their clients, listening to all their needs and concerns, so that a truly tailored and bespoke service can be given. On visiting, Spa Therapist Natalie Harrington also wowed the judges with an Elemis treatment.

"We are absolutely thrilled to be named Professional Beauty's 'Spa of the Year' for Scotland. The standard in our category was extremely high and this award highlights the hard work, care and effort we put in to looking after our clients. Our team focus on giving all our clients a memorable and individually tailored experience – I can't praise them highly enough for their hard work and dedication.

"It's an incredibly exciting time for the spa, with a range of new Elemis treatments launching ahead of the winter months. We look forward to celebrating with our guests and welcoming them to Scotland's best spa!"

Yu Spa offers over 50 relaxing, detoxifying, and rejuvenating treatments, including massages, facials, holistic therapies and more, working exclusively with products from the award winning Elemis collection. Guests can also soak in the spacious Ozone swimming pool, unwind in a sunken Japanese-style hot tub, enjoy the sauna or herbal-infused steam room, and exercise in the Technogym™ studio.

Yu Spa will now progress onto the National Beauty Awards to be considered for the title of National Spa of the Year, held in London on 27 February 2017.



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For further information or images please contact Julia MacGregor on 0131 441 0493 or email julia.macgregor@apexhotels.co.uk

Notes to Editors

Apex Hotels

Head-quartered in Edinburgh, Apex Hotels owns the Apex City of Edinburgh and Apex Grassmarket (in Edinburgh's Grassmarket), the Apex Haymarket in Edinburgh's West End, the Apex Waterloo Place in the East End, the Apex City Quay Hotel & Spa in Dundee and the Apex City of Glasgow. There are also three hotels in London and the new Apex City of Bath Hotel opening in Bath in summer 2017.